# APPLICATION FOR TREATMENT / SELECT TYPE OF ACCOUNT/ AUTHORIZATION AND ASSIGNMENT

TYPE OF CARE YOU ARE REQUESTING (CHECK ONE):
WELLNESS CARE (Available to people with no
symptoms and no chronic injury who desire periodic care
for themselves and their family. This maintains the spine and nervous system, and prevents avoidable illnesses.
Recommended also for infants and children.)
INITIAL INTENSIVE CARE (For people with
symptoms and chronic conditions who want pain relief
and initial healing.)
<b>RELIEF CARE</b> (Sufficient care to produce acute symptoms relief only.)
NOT SURE OF THE TYPE OF CARE I NEED.
AUTHORIZATION AND ASSIGNMENT
The undersigned hereby authorizes and directs any person
government agency or corporation having notice of this assignment to
indebtedness owed to Anderson Family Chiropractic in connection
with services rendered to the patient. The undersigned hereby assigns to Anderson Family Chiropractic all rights, title, and interest in and to
any payment or compensation in any form that the undersigned
sustained by the patient. This assignment is made without prejudice to any rights that the patient and the undersigned might have to compensation for injuries incurred by the patient.  I understand that I remain personally responsible for the
total amounts due on my account(s) with Anderson Family Chiropractic, regardless of medically unnecessary, non-covered
or maintenance services or lack of sufficient benefits on settlements. Signing this form allows Anderson Family Chiropractice at it's discretion, to collect payments at the time that services are trendered. If asked, I agree to make payments on my account.
I authorize Anderson Family Chiropractic to release any
information, pertinent to my case, to any insurance company government agency, adjuster, or attorney to facilitate collection unde
this assignment, lien, and authorization. I hereby revoke all previous
authorizations given by me to stop the release of medical information A copy of this signed authorization and lien shall be as effective as the
original.  I agree that Anderson Family Chiropractic may endorse, sign
my name, to any checks sent to the clinic as payment on my account.
I agree that Anderson Family Chiropractic can send appointment reminders, office news, office promotions via email from time to time.
<i>y</i>
By signing below, I fully understand all of which is on this page.
Print: Date:
Print: Date:

# **Patient Health History**

Chiro	practic or Acupuncture may so	metime	s help s	ome of the following o	condition	ns, check those that apply to you:
Past	Present	Past	Preser	nt	Past	Present
	High Blood Pressure			Irritable Bowel		PMS/Cramps
	Colic	-		Migraine		Heartburn/Indigestion
	Sinus Problems			Depression/Anxiety		Sleep Disturbances
	Asthma			Belching/Gas		Ear Infections
	Tinnitus			Poor Vision		Bed Wetting
	Reflux/Ulcers			Seizures		Dizziness/Ear Ringing
Dogt		<b>-</b>	_		_	_
Dogt		<b>-</b>	_		_	_
Past	Present	Past			Past	Present
	Vertigo/Unsteadiness			Double Vision		Giddiness/Confusion
	<pre> Vertigo/Unsteadiness Diabetes</pre>			Double Vision Frequent Urination		Giddiness/Confusion Loss of Bowel Control
	<ul><li>Vertigo/Unsteadiness</li><li>Diabetes</li><li>Prostate Problems</li></ul>			Double Vision Frequent Urination Bloody Urination		Giddiness/Confusion Loss of Bowel Control Osteoporosis
	<ul><li>Vertigo/Unsteadiness</li><li>Diabetes</li><li>Prostate Problems</li><li>Pacemaker</li></ul>			Double Vision Frequent Urination Bloody Urination Painful Urination		Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain
	<ul><li>Vertigo/Unsteadiness</li><li>Diabetes</li><li>Prostate Problems</li><li>Pacemaker</li><li>Stroke</li></ul>			Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis		Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where:
	Vertigo/Unsteadiness Diabetes Prostate Problems Pacemaker Stroke Abnormal Wt. Loss			Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease		Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks
	Vertigo/Unsteadiness Diabetes Prostate Problems Pacemaker Stroke Abnormal Wt. Loss Anemia			Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease Night Pain		Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks Perm. Disability Rating
	Vertigo/Unsteadiness Diabetes Prostate Problems Pacemaker Stroke Abnormal Wt. Loss Anemia Bleeding Disorders ou have a family history of:	Diabe		Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease Night Pain Easily Bruised Heart Disease	List Yo	Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks Perm. Disability Rating our Rating: Cancer Kidney Disease
	Vertigo/Unsteadiness Diabetes Prostate Problems Pacemaker Stroke Abnormal Wt. Loss Anemia Bleeding Disorders ou have a family history of:	Diabe		Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease Night Pain Easily Bruised Heart Disease	List Yo	Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks Perm. Disability Rating our Rating: Cancer Kidney Disease
Do yo	Vertigo/Unsteadiness Diabetes Prostate Problems Pacemaker Stroke Abnormal Wt. Loss Anemia Bleeding Disorders ou have a family history of: ou take vitamins?	 Diabe No	etes _	Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease Night Pain Easily Bruised Heart Disease Yes Please List:	List Yo	Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks Perm. Disability Rating our Rating: Cancer Kidney Disease
Do yo How I	Vertigo/Unsteadiness Diabetes Prostate Problems Pacemaker Stroke Abnormal Wt. Loss Anemia Bleeding Disorders u have a family history of: utake vitamins? much do you exercise? u smoke? No	Diabe No None		Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease Night Pain Easily Bruised Heart Diseas Yes Please List: Moderate How Much:	List Yo	Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks Perm. Disability Rating our Rating: Cancer Kidney Disease  Type:
Do yo How i Do yo Do yo Do yo	Vertigo/Unsteadiness Diabetes Prostate Problems Stroke Abnormal Wt. Loss Anemia Bleeding Disorders ou have a family history of: ou take vitamins? utake vitamins?	Diabe No None	etes Yes Yes	Double Vision Frequent Urination Bloody Urination Painful Urination Rheumatoid Arthritis Heart Disease Night Pain Easily Bruised Heart Diseas Yes Please List: Moderate How Much: How Much: How Much:	List Yo	Giddiness/Confusion Loss of Bowel Control Osteoporosis Chest Pain Cancer Where: Fainting/Drop Attacks Perm. Disability Rating our Rating: Cancer Kidney Disease  Type:

# **Case History**

Account Number:	Name:		Date:	
I have no pain or any or	ther symptoms and I just w	vant to have my spine	examined. (Skip to 1	next page.)
<sup>1</sup> Below, <b>list the symptoms</b> you are having. Begin with the symptom that hurts or troubles you the most.	<sup>3</sup> Is the pain sharp, dull, throbbing, numbness, aching, shooting, tingling, cramping, burning, stiffness, etc.	5aPut a number on each symptom (1-10). 1 = "barely hurts" 10 = "the worst pain I ever had"	Is the pain constant or does it come and go.	when did the symptom begin?
Example: Migraine	Throbbing/Shooting	8	Comes and Goes	2/12/2010
1.				
2		<u> </u>		
4.		<u> </u>		
5.				
6				
7				
81Do you suffer from any other c	andition or symptom?			
<sup>4</sup> In general, since my condition should be a since my conditi	pegan, it is getting:  our problem per day?  work/activities?  Accident  On the Jo	Better 79-100%51- eme a lot moo ob Unknown _	_ Worse -75% 26-50% derately a little _ Other Date:	Same 0-25% not at all
What activity, position, or time				
What activity, position, or time	of day seems to make you	r symptoms <b>better</b> ? _		
List all the doctors you have see  Doctor or Clinic Name  1.		condition: Location	Dat	te Last Seen
2				
	<del></del>			

Other than this episode, have y				No	Yes Results:
Doctor or Clinic Name	e		s: ocation		<b>Date Last Seen</b>
2. 3.					
List all the doctors you have se  Doctor or Clinic Name  1.	Locati	on	•	Condition	Date Last Seen
1					
List all medications you are cu  Medicat	tion	_	_		counter medications): What Condition?
1. 2.					
3. 4.					
other List any falls or injuries you hat List any hobbies that strain you long period in front of compute List any accidents, falls, auto a condition:	ad as a child? ur spine (for example er): uccidents, etc. that oc	e, golf, bo	elf employed wling, needle	epoint, horseb	oyed off work  ack riding, reading in bed,
List all your lifetime surgeries  Type of Surgery	you have had:		Date		Surgeon
Is there any chance that you co				Dootsels No.	
Have you ever been to a chirop Location:					



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Patient Name	Date	

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

# Pain Intensity

- ① I have no pain at the moment.
- ① The pain is very mild at the moment.
- 2 The pain comes and goes and is moderate.
- 3 The pain is fairly severe at the moment.
- 4 The pain is very severe at the moment.
- **⑤** The pain is the worst imaginable at the moment.

#### Sleeping

- ① I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- 2 My sleep is mildly disturbed (1-2 hours sleepless).
- 3 My sleep is moderately disturbed (2-3 hours sleepless).
- 4 My sleep is greatly disturbed (3-5 hours sleepless).
- (5) My sleep is completely disturbed (5-7 hours sleepless).

# Reading

- ① I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- 3 I cannot read as much as I want because of moderate neck pain.
- (4) I can hardly read at all because of severe neck pain.
- (5) I cannot read at all because of neck pain.

## Concentration

- ① I can concentrate fully when I want with no difficulty.
- 1 can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- 3 I have a lot of difficulty concentrating when I want.
- 4 I have a great deal of difficulty concentrating when I want.
- (5) I cannot concentrate at all.

# Headaches

- ① I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- 3 I have moderate headaches which come frequently.
- 4 I have severe headaches which come frequently.
- 5 I have headaches almost all the time.

# Personal Care

- I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- 2 It is painful to look after myself and I am slow and careful.
- (3) I need some help but I manage most of my personal care.
- 4 I need help every day in most aspects of self care.
- (5) I do not get dressed, I wash with difficulty and stay in bed.

#### Lifting

- ① I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- I can only lift very light weights.
- (5) I cannot lift or carry anything at all.

#### **Driving**

- O I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- 3 I cannot drive my car as long as I want because of moderate neck pain.
- 4 I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

#### Recreation

- I am able to engage in all my recreation activities without neck pain.
- ① I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- 3 I am only able to engage in a few of my usual recreation activities because of neck pain.
- I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

#### Work

- ① I can do as much work as I want.
- ① I can only do my usual work but no more.
- 2 I can only do most of my usual work but no more.
- ③ I cannot do my usual work.
- I can hardly do any work at all.
- (5) I cannot do any work at all.

Neck	
Index	
Score	

Index Score = [Sum of all statements selected / (	# of sections with a statement selected x 5)] x 100
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Patient Name	Date

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

# Pain Intensity

- ① The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- 2 The pain comes and goes and is moderate.
- 3 The pain is moderate and does not vary much.
- The pain comes and goes and is very severe.
- (5) The pain is very severe and does not vary much.

#### Sleeping

- ① I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- 3 Because of pain my normal sleep is reduced by less than 50%.
- 4 Because of pain my normal sleep is reduced by less than 75%.
- **⑤** Pain prevents me from sleeping at all.

## Sitting

- O I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- 3 Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

## Standing

- ① I can stand as long as I want without pain.
- 1 have some pain while standing but it does not increase with time.
- 2 I cannot stand for longer than 1 hour without increasing pain.
- 3 I cannot stand for longer than 1/2 hour without increasing pain.
- (4) I cannot stand for longer than 10 minutes without increasing pain.
- (5) I avoid standing because it increases pain immediately.

#### Personal Care

- ① I do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- 2 Washing and dressing increases the pain but I manage not to change my way of doing it.
- 3 Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- Because of the pain I am unable to do some washing and dressing without help.
- **⑤** Because of the pain I am unable to do any washing and dressing without help.

## Lifting

- ① I can lift heavy weights without extra pain.
- 1 can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor.
- 3 Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

# Traveling

- ① I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- 2 I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- 3 I get extra pain while traveling which causes me to seek alternate forms of travel.
- Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

## Social Life

- My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- 3 Pain has restricted my social life and I do not go out very often.
- Pain has restricted my social life to my home.
- ⑤ I have hardly any social life because of the pain.

#### Walking

- ① I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- 2 I cannot walk more than 1 mile without increasing pain.
- 3 I cannot walk more than 1/2 mile without increasing pain.
- ④ I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

# Changing degree of pain

- My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- 2 My pain seems to be getting better but improvement is slow.
- 3 My pain is neither getting better or worse.
- My pain is gradually worsening.
- My pain is rapidly worsening.

Back	
Index	
Score	

Inday Scara - IS	Sum of all ctatements	selected / (# of sections	c with a ctatament co	$\frac{1}{1}$
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